

Glycemia in France.

Glycemia in France is often used by diabetics to monitor their blood sugar levels. This is necessary to avoid hyperglycemia (blood sugar levels too high in the average person) or hypoglycemia (blood sugar levels too low). This is also used by the fire brigade during every intervention to make sure that the pathology is not caused by the blood sugar level and to fill in a report. The blood sugar must not be below 0.80 otherwise it is called hypoglycaemia and if the blood sugar is above 1.20 the person will be hyperglycaemic.

In the case of diabetics there is a special drug called insulin which is used to regulate the blood sugar level.

Some diabetics wear a sensor on their arm to monitor their blood sugar levels with a special device.

The blood sugar is measured with a device called a glucometer.

Explanation:



To take a blood glucose test the first step is to turn on the meter and then insert the tab at the end of the meter. Disinfect the ring finger, take the needle and prick on the side of the finger, never at the end as this could be painful and the blood will have difficulty coming out, then move the meter to the side of the tab and stick it to the drop of blood, after this you just have to wait for the result of the meter and do things according to it.