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Rehabilitation of the occupied bed



	Equipment and products	Justification
For the bed : -2 flat sheets -1 undersheet if necessary -1 pillowcase -1 blanket and a bedspread	For the environment : -1 bag for dirty clothes -Single-use gloves -SHA -Wipes -Detergent/Disinfectant -A bean bag or small basin	-Organisation
Care 's steps		
Before the care	- Get information from the professional, read the transmission booklet - Inform the user that the bed is going to be made - Prepare: check your clothes and do a hand hygiene - Prepare and organise: Disinfect a chair and place it at the foot of the bed/ Perform hand hygiene/ Fetch clean linen and	-Knowing the user's degree of autonomy and medical condition on the day

	place it on the chair		-Hygiene
During the care	Undoing the bed	<ul style="list-style-type: none"> -Setting up the bed at the right height -Unfold the bedding -Fold the bedspread and my blanket into a wallet and put them on the chair -Remove the pillowcase and put it in the dirty clothes bag 	
	Making a modesty sheet	<ul style="list-style-type: none"> -Fold the top sheet to cover the user's body 	-respect the privacy of the person
	Changing the bottom sheet	<ul style="list-style-type: none"> -Turn the person in lateral decubitus position, bending the knee of the upper leg if possible to stabilise him/her=> grip on the shoulder and pelvis -Roll the bottom sheet against the back -Put on gloves and disinfect half the mattress -Remove gloves and perform FHA -Position the clean sheet by unfolding one half and rolling the other half towards the centre of the bed The clean sheet must not touch the dirty sheet -Turn the person over to the opposite lateral decubitus position -Roll up the dirty sheet and put it in the dirty linen bag -Put on gloves and disinfect the mattress -Remove gloves and perform FHA -Unroll and pull the clean sheet to avoid folds -Put the person back on their back and put the pillow back under their head -Tuck the sheet up and then down, making the corners square 	
During the care (follow-up)	Changing the top sheet	<ul style="list-style-type: none"> -Place the clean sheet on the side of the person without touching the dirty sheet -Remove the dirty sheet as you cover the person with the clean sheet -Dispose of the dirty sheet in the dirty clothes bag -Put the blanket and bedspread back on -Tuck in the foot of the bed by making square corners -Do not forget the easement fold Turn the top sheet over -Ventilate 	

	Disposal of dirty laundry	-Put on gloves -Take out the linen, sort it and put it in the dirty linen bin -Remove gloves and perform FHA	
	Disinfect the bed and accessories	-Disinfect the bedposts, bed frames and accessories, then the chair -Perform HAF	
After the care	Store	-Reorganise the space for the user's comfort (objects within easy reach) -Lower the bed as low as possible -Close the window -Do an HAF	-Comfort -Safety: avoiding falls
	Transmit information	Note bed-making and the person's behaviour in the liaison book	
	Evaluate your performance	<input type="checkbox"/> Ergonomy <input type="checkbox"/> Sécurité <input type="checkbox"/> Economy <input type="checkbox"/> Comfort <input type="checkbox"/> Hygiene <input type="checkbox"/> Communication	