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Nursing procedures worksheet

Home country: Belgium (B)

Host country: Frankrijk (F)

Please record any differences you observed and write how those things are done in your country.

- Manutention
 - Showed how you can assist somebody in placing them in bed and during walking. No significant differences.
 - Higher placement of the person in bed. There are no big differences in the technique. We also use the legs to rest the back of the caregiver when repositioning a patient in bed.

- Injections (subcutaneous, intramusculair)

SC: This technique is not shown.

IM: This technique is not shown.

- Infusions: prepare medication and administer in existing canula

This was shown in a video. Extra medication is put into an IV drip.

 - Preparation of medication for IV administration is the same. Extra care is taken to check the date of the medication.
 - The needle is never recapped. In Belgium we allow this if the medication is prepared and no patient contact had occurred with the needle.

- Blood taking

This was shown in a video.

- Gloves are always used. This is not always the case in Belgium.
- They use a butterfly needle. We try to use a regular needle in Belgium. If we use a butterfly needle, we throw away the first bloody tube (waste tube). Also the butterfly needle is not fixed with the hand. In Belgium this is allowed but we advise to fix the needle.
- The IV bag is not disinfected when the infusion is put in the bag.
- We always throw the first part of the disinfection liquid in the trash. This way dirt is thrown away from the bottle. This is not done in the video.

- Making beds (with and without a patient)

- Opening of the pillow is down in France. In Belgium we put the opening away from the door so it looks clean
- Top sheet remains over patient during the making of the bed.
- Undersheet is knotted to fit the bed instead of with a corner on the side of the bed when a patient is confused.
- No extra sheet under the patient to move the patient. This is done a lot in Belgium. A paper pad for confused patients is enough.

- Personal hygiene - giving a child a new diaper

This is not an essential part of our education. Basic hygienical principals are the same for example disinfection of the workplace before the start. Washing of the intimate zone is exactly the same as in Belgium but we always use gloves to wash a patient/child because we can come into contact with faeces or urine.

- Personal hygiene - giving a bed bath to elderly patient

- Nothing of extra linen is provided to cover the patient during washing for privacy. They use the towel they use for drying for covering the patient.
- The armpits are done last in Belgium when washing the torso. This is not done in France.
- First the upper torso is washed and then the lower body. We do this differently. We wash the legs first and then we wash the intimate region.
- We undress the patient before washing the face as well. Here a clothing piece is removed, the body part washed and then the body part is covered with clothing again.
- We take out all the upper sheets before washing the patient. Here the sheets are placed at the feet of the patient.
- Lower legs are washed the same.
- Normal we use 1 towel for the upper body and 1 towel for the lower body. Here the towel for the upper body is also used for the legs. We also use 2 washcloths, 1 for the upper body and 1 for the lower body. Here they use 1 washcloth for the entire body.
- The intimate cleaning of the genitalia is the same. The only difference is that we put soap on both sides of the washing cloth and use the other side after washing the

groin folds. We also change the water after washing the genitalia because we wash the back first.

- IV catheterization

- Checking of the blood reflux is not done standard. It is checked if the drip is running ok. If there are any problems, the reflux is tested.
- The date of placement is not placed standard on the IV bandage.
- A different polyurethane film is used for fixing the catheter. We use a IV polyurethane film in Belgium and not a full polyurethane film as in France.

- Enema

This technique is not shown.

- Administration of insuline via pen

This technique is not shown.