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### **Nursing procedures worksheet**

Home country: Belgium (B)

Host country: Czech Republic (CZ)

*Please record any differences you observed and write how those things are done in your country.*

- Injections (subcutaneous, intramusculair)

SC antico:

CZ:

- always disinfection – B not always necessary

IM:

CZ:

- locate position for administration using the protrusion of hip – B make cross across buttocks

- insert needle completely – B insert  $\frac{2}{3}$  of needle

- Infusions: prepare medication and administer in existing canula

CZ:

- while preparing medication touching the plunger (syringe) – B not allowed

- no reflux control when administering medication – B always required

- no indication of duration of influx nor velocity of influx on label –B required

- Blood taking

CZ:

- label on vials at the start – B label on vials in the end (in case procedures fails)
- use of gloves compulsory – B only compulsory in case of known illness like HIV-Hepatitis B

- Making beds (with and without a patient)

CZ:

- use of gloves compulsory – B only when visibly dirty, always apply hand sanitizer afterwards
- use of duvet – B covers
- underlayer in plastic fabric – B underlayer in cotton material
- knot in bottom sheet – B use of technique to make angle or use mattress cover
- duvet same measure of the matras – B cover and sheets hang slightly over matras
- when finished covered with pastic cover until occupied – B bed not covered

- Personal hygiene - doing bed bath (only patient confined to bed), handling of patients

CZ:

- double pair of gloves – B gloves only while washing genitals
- remove cushion and duvet before starting procedure – B don't remove cushion
- cleaning eyes from inside outwards – B from outside inwards (towards lacrimal duct)
- use of nightgown as cover during procedure – B use of molton to cover pt
- first washing arms, then trunk – B washing furthest arm and furthest half of trunk; washing nearest arm and second half of trunk
- always use protective cream under breasts and on genitals – B only apply in case of symptoms of irritation
- pt turned twice: once for washing back, second time for washing buttocks – B only turned once: washing front and genitals, then turned for back and buttocks, change of water before and after washing genitals
- feet and legs are not washed
- bedpan underneath pt while washing genitals, rinsed with water poured from pincher

- Catheterization

CZ:

- use of disinfection liquid for genitals – B: use of saline liquid
- disinfection of genitals with swabs using gloves – B rinsing genitals (with saline liquid) using swabs and tweezers to manipulate swabs
- insertion of catheter using tweezers – B insertion of catheter using sterile gloves

- Enema

no major differences

- Administration of insuline via pen

CZ:

- indicate dosage on pen and administer completely – B remove first two units before administration of necessary units
- disinfection of skin – B no disinfection (negative effect on working mechanism of insulin)
- re-use of needle – B never recap nor re-use needle